
| RESEARCH ARTICLE

An Exploration of Japanese Cultural Dynamics Communication Practices through Social Pragmatics

Zijun Shen¹ ✉ Bing Pang², Xiaohui Li³ and Yunyi Chen⁴

¹*Department of Foreign Languages, Sichuan University of Media and Communications, Chengdu, Sichuan, China*

²*MASD, Faculty of Graduate Studies, Mahidol University, Salaya, Nakhon Pathom, Thailand*

³*Department of Foreign Languages, Sichuan University of Media and Communications, Chengdu, Sichuan, China*

Corresponding Author: Zijun Shen, **E-mail:** prof.shen_zijun@whu.edu.cn

| ABSTRACT

The core findings of the study reveal the fundamental role of collectivism, high-context communication, and hierarchical structure in shaping conversation practices in Japan. Collectivism, a cornerstone of Japanese culture, emphasizes group harmony and consensus, leading to indirect and subtle communication. High-context communication, deeply rooted in Japanese tradition, emphasizes the importance of shared context and implicit conversation cues. These elements, interlaced with a hierarchical social structure, dictate word choices and unspoken aspects of communication. The study also offers practical strategies for individuals and organizations guiding the complex landscape of Japanese communication. The research employed a mixed-methods approach to explore cross-cultural communication dynamics in Japan. The researchers gathered primary data through interviews, surveys, and thematic analysis of case studies. By shedding light on the complicated interlinks between Japanese culture and communication, along with media choice, this work provides valuable insights for those aspiring to bridge cultural gaps and engage successfully in the multifaceted world of Japanese communication.

| KEYWORDS

Japanese Culture, Communication, Social Pragmatics, Collectivism, High-Context Communication, Hierarchy.

| ARTICLE INFORMATION

ACCEPTED: 01 April 2024

PUBLISHED: 18 April 2024

DOI: 10.32996/jpda.2024.3.1.4

1. Introduction

Japan is a captivating country with a rich cultural heritage, and its communication system is deeply influenced by its unique cultural and social factors. Japanese society places a strong emphasis on group harmony and consensus, which is rooted in the philosophy of collectivism. This cultural value fosters a sense of interconnectedness and communal responsibility among the Japanese populace, deeply influencing their communication choices. Japan's communication system is a fascinating reflection of its culture and social norms. In Japan, social harmony and conflict avoidance are deeply rooted in the collective ethos, making it a cultural setting that places utmost importance on this aspect. This collectivist perspective shapes communication practices where diplomacy and indirectness are highly valued (Hall, 1976). Japanese conversations utilize linguistic strategies that emphasize mutual respect and face-saving (Nakane, 1972). The delicate art of avoiding direct contradiction is used to maintain social amicability and is a defining characteristic of Japanese communication dynamics (Zhang, 2021). Scholars like Doi (1973) shed light on the subtle emotional complications in Japanese relationships through the concept of "amae". Ishii (2016) provides a deeper understanding of the cultural foundations influencing communication patterns by exploring Confucian principles. Insights on high-context communication are provided by Gudykunst (2003) and Matsumoto (1988), while Mehrabian's (1972) research on non-verbal communication and Fujimoto's (2017) examination of gestures and facial expressions enhance the understanding of how meaning is conveyed in Japanese interactions. Befu (2001) provides a historical perspective, exploring the impact of modernization and

globalization on traditional Japanese communication, which further deepens the research landscape and provides a comprehensive view of the complexities involved in cross-cultural interactions. The Japanese communication culture goes beyond collectivism and includes the crucial concept of high-context communication (Kubota & Takeda, 2021). Along with collectivism, high-context communication emphasizes the importance of subtle implications, where unsaid ideas are just as significant as expressed statements (Hall, 1976). Understanding the true meaning of expressions requires a deep understanding of shared cultural foundations and a heightened awareness of non-verbal cues (Gudykunst, 2003). This complex interplay necessitates an elevated level of cultural familiarity and context awareness, which are essential components for building effective communication (Kim, 2000). The complicated dynamics of high-context communication in Japan emphasize the essential role of context in enabling clear and profound interaction (Matsumoto, 1988). As Kubota and Takeda (2021) explain, this cultural richness accentuates the fine layers of communication, confirming that comprehension extends beyond words to include the unspoken fabric of cultural context (Ishii, 2016). Moreover, Nakane's pioneering research (1972) contributes to the exploration of the cultural complexities that shape Japanese communication dynamics. Furthermore, Japan's social structure is characterized by a strict hierarchy that influences communication styles and etiquette. This cultural framework places great importance on demonstrating respect for authority, which is reflected in the language used when addressing individuals of different statuses (McConachy, 2019). This hierarchical structure permeates communication settings and influences decision-making processes. Moreover, it reinforces the significance of harmony and respect in social interactions, which is a fundamental value in Japanese society.

1.1 Statement of the Problem

This work is an effort to explore the complicated relationship between Japanese culture, norms that are brought under consideration during communication, and the choice of communication media. This work utilizes the framework of social pragmatics. Thus, this study deals with the problematic interaction between Japanese tradition and communication, spotlighting how collectivism, high-context communication, and the hierarchical social shape profoundly affect choices of conversation.

2. Literature Review

The present work utilizes the three key factors that serve as the cultural bedrock of Japanese communication, which include collectivism, high-context communication, and typical hierarchical structures.

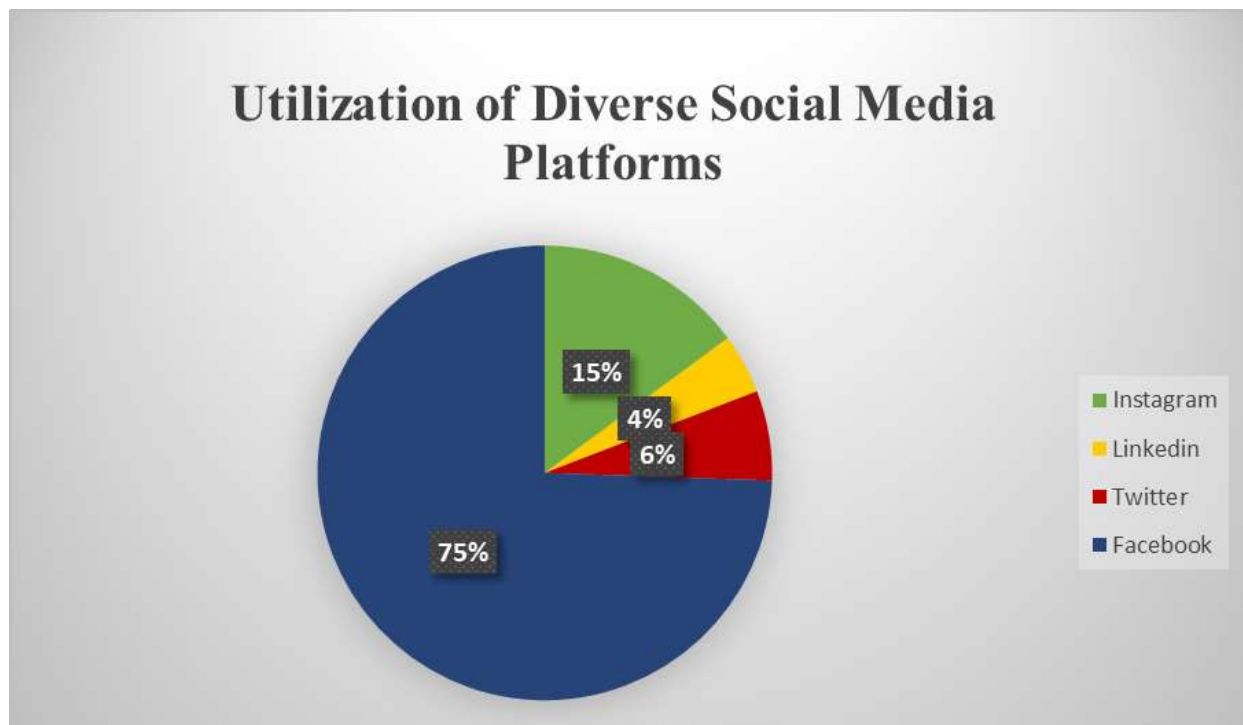


Figure 1: Social networking sites, such as LinkedIn, Instagram, Twitter, and Facebook, have revolutionized communication, enabling customers to connect, share content, and construct digital communities. However, worries about privacy, misinformation, and dependency lead to queries about their societal impact, prompting ongoing debates about the advantages and drawbacks of these digital platforms.

2.1.1 Collectivism in Japanese Society

Collectivism is an integral tenet of Japanese subculture. Japanese society places a sturdy emphasis on crew concord and consensus. In this collectivist ethos, the group's desires regularly supersede character desires. Consequently, folks are stimulated to preserve social cohesion, influencing conversation choices. Fukushima, Sharp, & Kobayashi (2009) propose an interesting argument concerning the effect of collectivism on social connections in Japanese society, as compared to the more individualistic United States. The primary hypothesis suggests that Japan's professed collectivism encourages stronger social bonds, which could explain the lower levels of deviance observed in the country. The research thoroughly scrutinizes survey data from Japanese and American college students, revealing a significant difference in deviant behavior, with Japanese students displaying considerably lower levels. Notably, the authors use Hirschi's (1969) theory of social control as a framework, uncovering consistent predictors of deviance across cultures. However, the theory falls short of completely explaining the observed lower deviance rates among Japanese students. This study provides valuable insights into cultural dynamics and their impact on social behavior, challenging traditional notions. The research contributes to an understanding of societal norms in Japan and the United States, establishing the foundation for future research in this captivating field.

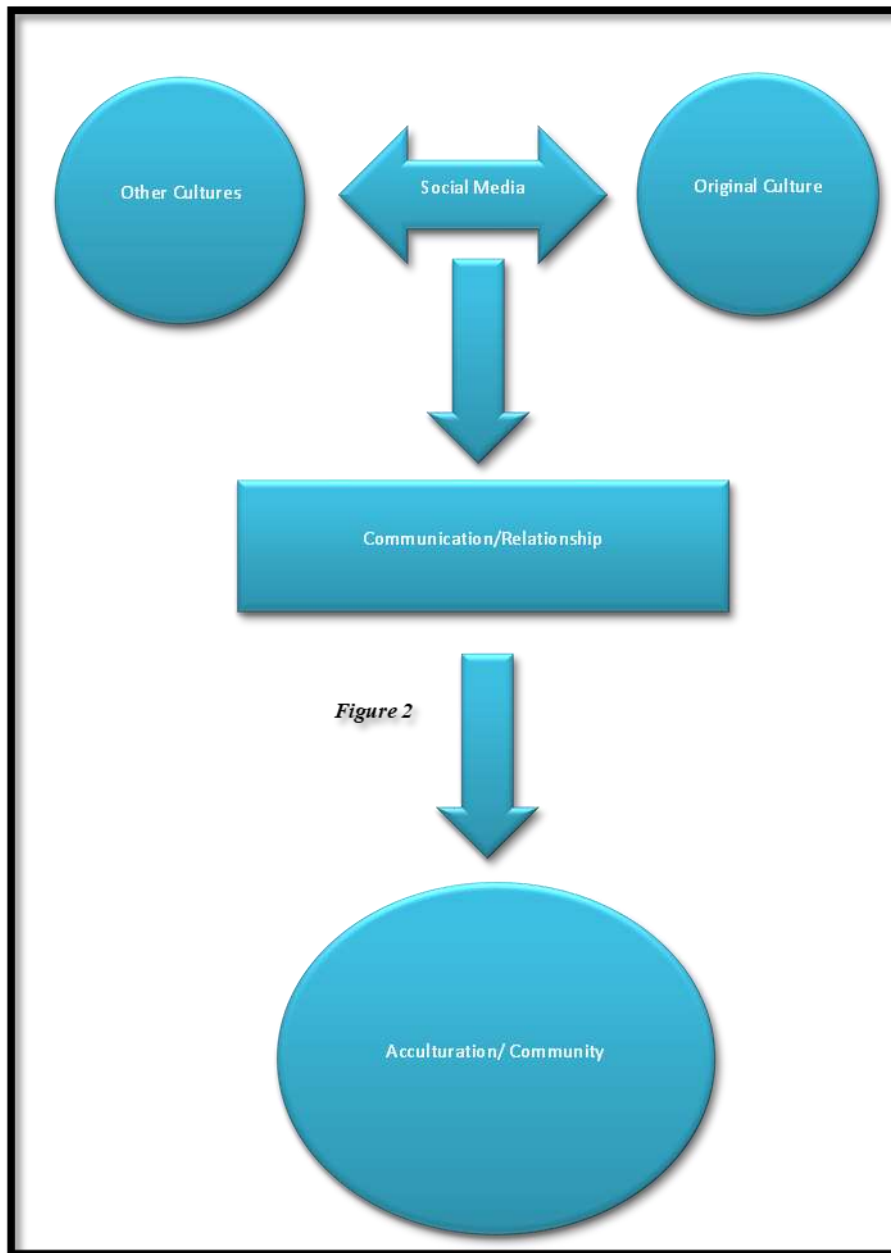


Figure 2: Social media structures show off a twin function in fostering and disputing collectivist ethos. While they facilitate international connectivity and communal engagement, worries occur about individualism, self-promotion, and data storage towers.

Navigating this dynamic panorama requires an appreciation of how social media displays and influences collective values in a digital age. In the culture of collectivism, confrontations and brazenly assertive conversation patterns are usually eschewed. Instead, people appoint verbal exchange techniques prioritizing retaining face and averting battle (McConachy & Spencer-Oatey, 2021). The artwork of diplomacy is reasonably priced, and oblique verbal exchange patterns are used to tackle touchy subjects or specific disagreements subtly. This collective conversation strategy seeks to uphold the group's concord and is deeply ingrained in the Japanese psyche.

2.1.2 High-Context Communication and its Significance

The high-context conversation is every other defining function of Japanese communication. Much of the message is implied in high-context cultures and relies on shared cultural know-how and context. In Japan, the communication process relies heavily on non-verbal cues, shared experiences, and context. It is a form of communication where what is left unsaid is often as vital as what is articulated. This reliance on high-context communication means that effective communication in Japan necessitates a profound understanding of the cultural context and a keen awareness of non-verbal cues. Acquiring a deep understanding of the intended connotations during discussions requires a perceptive analysis of the implicit aspects of communication. Of great importance is the acquisition of a subtle comprehension of the cultural context and acquaintance, emphasizing their essential function in interpreting the subtleties of communication (Zhang, 2021). The choice of words, tone, and timing are all laden with minute complexities, and misunderstanding or misinterpreting these cues can lead to communication breakdowns. Broeder's (2021) perceptive investigation explores the different communication styles of cross-cultural interactions using Hall's (1976) concept of contexting, which differentiates between high-context and low-context cultures. The study, which includes 774 participants from Dutch, Greek, and Japanese cultural backgrounds, utilizes an online questionnaire to examine self-perceived communication styles. The outcomes reveal unique patterns among the groups: Dutch individuals prefer non-verbal communication, Greeks exhibit a proclivity for hand gestures, while the Japanese demonstrate a liking for indirect communication. One significant cultural divergence is evident, as Greeks living in the Netherlands report higher levels of non-verbal communication, increased indirectness and greater use of metaphors compared to their counterparts in Greece. Broeder's research provides valuable insights into the convoluted dynamics of cross-cultural communication by illustrating how cultural subtleties, particularly in contexting, influence communication preferences. The study significantly contributes to our comprehension of these dynamics, paving the way for further exploration in the ever-changing field of intercultural communication.

2.1.3 Traditional Hierarchical Structures and Communication Dynamics

The traditional hierarchical structure in Japan is yet another defining feature of the culture. Japanese society places a strong emphasis on respect for authority and age. This hierarchical structure is mirrored in the language used when addressing different individuals based on their status or position within the social hierarchy. Clark's (1996) thorough examination of a particular section within a Japanese subsidiary operating in the United States, with a focus on female Japanese native employees, presents a convincing exploration through the perspective of an ethnographic journal format. The study employs the experiences of a female American native employee to reveal how gender, ethnicity, and language influence the dynamics of everyday communication between male Japanese expatriate managers and their inferior staff. As a participant-observer at Yoshino Corp., Clark navigates the daily office environment, furnishing tangible examples that reveal the subtle ways in which managers and staff interact. The study highlights how elements of this daily communication perpetuate a hierarchical power structure that hinders Japanese women from ascending to positions of power and control. Furthermore, Clark illuminates the culturally dominant attitudes of Japanese expatriates towards non-Asians, demonstrating their consequential role in managerial decision-making processes. The research significantly contributes to our comprehension of the complex relationships between culture, gender, and ethnicity within corporate settings, emphasizing the importance of cultural sensitivity in fostering inclusive and fair workplaces. A deep sense of respect and politeness marks communication within this hierarchical framework. It affects communication dynamics, decision-making processes, and social interactions (Tsujiyama, 2023). The use of honorifics and respectful language, such as Keigo, exemplifies this hierarchical influence on Japanese communication. Maintaining a face for oneself and others is emphasized, which drives individuals to communicate in ways that uphold respect and harmony.

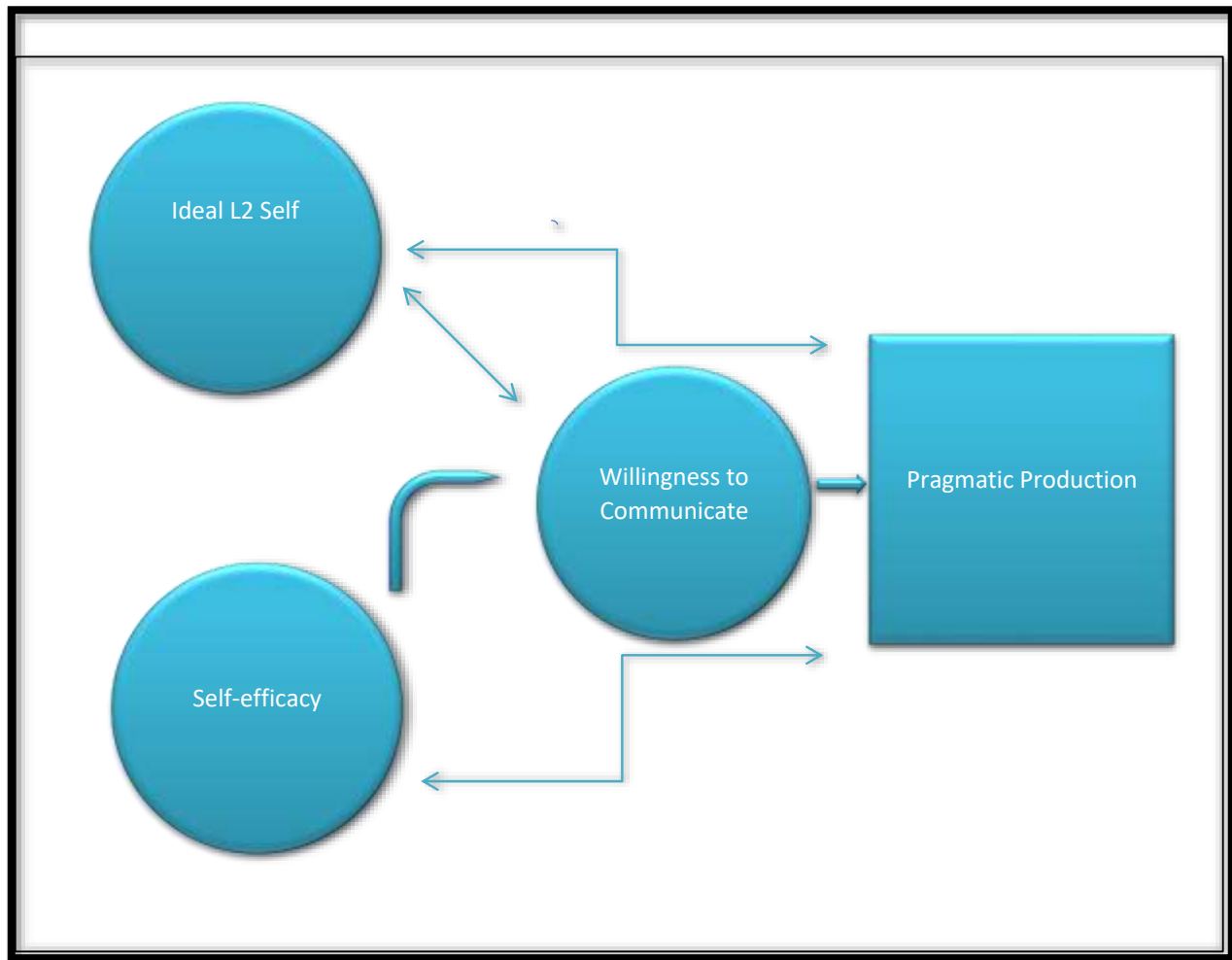


Figure 3: These cultural foundations—collectivism, high-context communication, and traditional hierarchical structures—form the heart of Japanese communication. They influence not only what is said and how it is said but also the choice of media for communication. Understanding these cultural dimensions is essential for effectively analyzing Japanese communication behaviors and media choices. These cultural elements provide the context through which individuals and organizations can successfully navigate Japanese communication's details.

3. Methodology

The research employed a mixed-methods approach to explore cross-cultural communication dynamics in Japan. The researchers gathered primary data through interviews, surveys, and thematic analysis of case studies. Qualitative data obtained from interviews and case studies underwent a detailed thematic analysis, identifying recurring patterns and cultural variations. Together, the quantitative data from surveys underwent statistical analysis, providing numerical perspectives on communication strategies and media preferences among respondents. The integration of qualitative and quantitative data enabled a comprehensive exploration, emphasizing triangulation to enhance the research's robustness. The use of comparative analysis aligned the qualitative examples with statistical findings, ensuring a coherent narrative. The researchers employed visual representations, such as Figures 5 and 6, to enhance interpretability. The study grounded its findings within theoretical frameworks such as high-context communication and collectivism, incorporating insights from existing literature. As a concluding step, the implications and recommendations were drawn, utilizing the four-step approach proposed by Brislin and Yoshida for cross-cultural communication training. The present research design provided insights into cross-cultural communication in Japan, offering a holistic understanding of cultural dynamics across interpersonal communication, media choices, and the effectiveness of cross-cultural communication training.

3.1 Data Collection Methods

Interviews:	The researchers conducted in-depth semi-structured interviews with the public belonging to various backgrounds in Japan. By attracting open and exploratory conversations, participants' conversation experiences, preferences, and cultural elements influencing their conversation choices were recorded.
Surveys:	Through surveys, the researchers acquired quantitative information on verbal exchange preferences and media usage. Survey questions were carefully designed to gather data about preferred media, verbal exchange styles, and lifestyle's perceived effect on communication.
Cultural Text Analysis	along with personal interviews and surveys, cultural texts were also evaluated. The texts were selected from literature, films, advertisements, and online content material reflecting conversation practices and Japanese media preferences (McConachy, 2019).

3.2 Process of Data Analysis

This section deals with processes and pieces of equipment utilized in data analysis and provides clear and relevant instances. It also shows the case research to emphasize critical findings. Quantitative data obtained through surveys undergoes statistical evaluation to determine patterns and correlations. Such statistical interpretation allows readers to identify traits and generalizable insights into the broader population. Qualitative data from interviews and cultural textual content analysis was subjected to thematic coding. Transcripts and textual information were systematically coded for usual themes, cultural signs, and linguistic tools. Moreover, Case studies enrich the appreciation by supplying context-specific insights. The data analysis process has been elaborated on below.

3.2.1. Transcription and Coding:	The qualitative statistics obtained from interviews and cultural textual content evaluation were transcribed and were made ready to be analyzed. These transcripts were then coded, which entails labeling textual content segments with descriptive or interpretive categories. Data were coded to identify themes, patterns, and concepts.
3.2.2 Quantitative Analysis:	The quantitative facts from surveys were judged through statistical analysis. For this purpose, statistical software programs were used to discover relationships and patterns inside the data.
3.2.3 Thematic Analysis:	The technique of thematic evaluation was utilized for the qualitative records acquired from interviews and cultural textual content analysis. This method includes identifying, analyzing, and reporting topics or patterns inside the data. It helps discover important concepts and recurrent thoughts associated with verbal exchange practices and media preferences in Japan.
3.2.4 Cross-Validation:	The interview and cultural textual content evaluation findings were also cross-compared with survey results to check validity. This manner helps ensure that quantitative information helps and corroborates the qualitative insights won from interviews and cultural textual content analysis.

3.3 Theoretical Framework

To comprehend the complex relationship between culture and communication style, it is necessary to provide a comprehensive framework that can give insights into the communication choices and styles within a specific cultural context. In this study, the Social Pragmatics Framework as a powerful analytical tool has been adopted to reveal the influence of Japanese culture on communication and the selection of communication media.

3.3.1 Introduction to the Social Pragmatics Framework

The Social Pragmatics Framework is a theoretical lens that has roots in the area of pragmatics. It explores the varied socio-cultural elements of communication. It asserts that conversation is now not entirely a linguistic phenomenon; rather, it is inherently tied to the cultural and social context in which it occurs. Furthermore, it posits that men and women adapt verbal exchange styles and strategies and utilize media to align with their unique context's socio-cultural expectations and norms (Yousefi & Nassaji, 2019). The framework acknowledges the complex interrelation between language and cultural norms and practices.

3.3.2 Relevance to the Study

The use of the Social Pragmatics Framework is imperative in this study, as it acts as a comprehensive analytical tool for comprehending the exceptional dynamics of communication—what is conveyed, how it is conveyed, and why. In the context of this investigation, the relevance of the framework is expressed through several key aspects.

Initially, the framework highlights the significance of contextual awareness in communication. Within the Japanese cultural context, which is characterized by collectivism, high-context communication, and hierarchical structures, choices pertaining to words, tone, and communication media demonstrate a heightened sensitivity to context. Thus, the framework facilitates the disentangling of contextual cues that significantly impact these communication choices. Secondly, the Social Pragmatics Framework acknowledges the role of cultural adjustment in shaping communication patterns. Recognizing that individuals conform their communication to cultural norms and expectations, the framework helps comprehend how people navigate and adjust to these norms, thereby emphasizing the pivotal role of culture in communication. Furthermore, the framework illuminates the complicated relationship between media preference and cultural practices. In Japan, where high-context communication prevails, individuals may choose media that facilitate rich, contextual communication, such as face-to-face interactions. The framework enables a thorough analysis of how these media preferences align with cultural values. Lastly, the framework facilitates an exploration of the subtle aspects of communication deeply entrenched in cultural context. Non-verbal cues, politeness strategies, and indirectness, all essential for effective communication in Japan (Cho, 2021), are deciphered through the framework, revealing the unspoken elements rooted in cultural subtleties.

3.3.3 Data Analysis

Once primary data was collected, the researchers tabulated and interpreted it by adopting the technique of thematic analysis. Thus, the following sections contain extracts from case studies.

Example 1: High-Context Communication in Japanese Films

By analyzing cultural texts, the researchers found that Japanese movies frequently relate to high-context communication. Case studies of popular Japanese movies revealed that characters frequently rely on non-verbal cues, shared cultural context, and subtle gestures to convey meaning (Mohd et al., 2020). In the Japanese movie "Lost in Translation", there is a special moment where the lead character, Charlotte, presents a small gift to Bob without explicitly stating its purpose. Rather, the sentimental significance and weight of the gift are conveyed through non-spoken communication cues and mutual understanding. This particular scene showcases the focus on non-spoken communication and contextual complications in Japanese culture, illustrating the high-context communication style portrayed in the movie (Coppola, 2003).

Example 2: Impact of Collectivism on Workplace Communication

Through interviews with Japanese professionals, it was revealed that collectivism significantly influences workplace communication. For example, one case study highlighted how a Japanese manager utilized indirect language and diplomatic communication strategies to convey feedback to subordinates. "I appreciate the effort everyone puts into our projects. Recently, I observed some areas where we might further enhance our performance. Let's work together to refine our approach and achieve even better results." In this instance, this approach maintains harmony within the team while addressing performance issues. Resultantly, it reflects the impact of collectivism on communication in a professional setting.

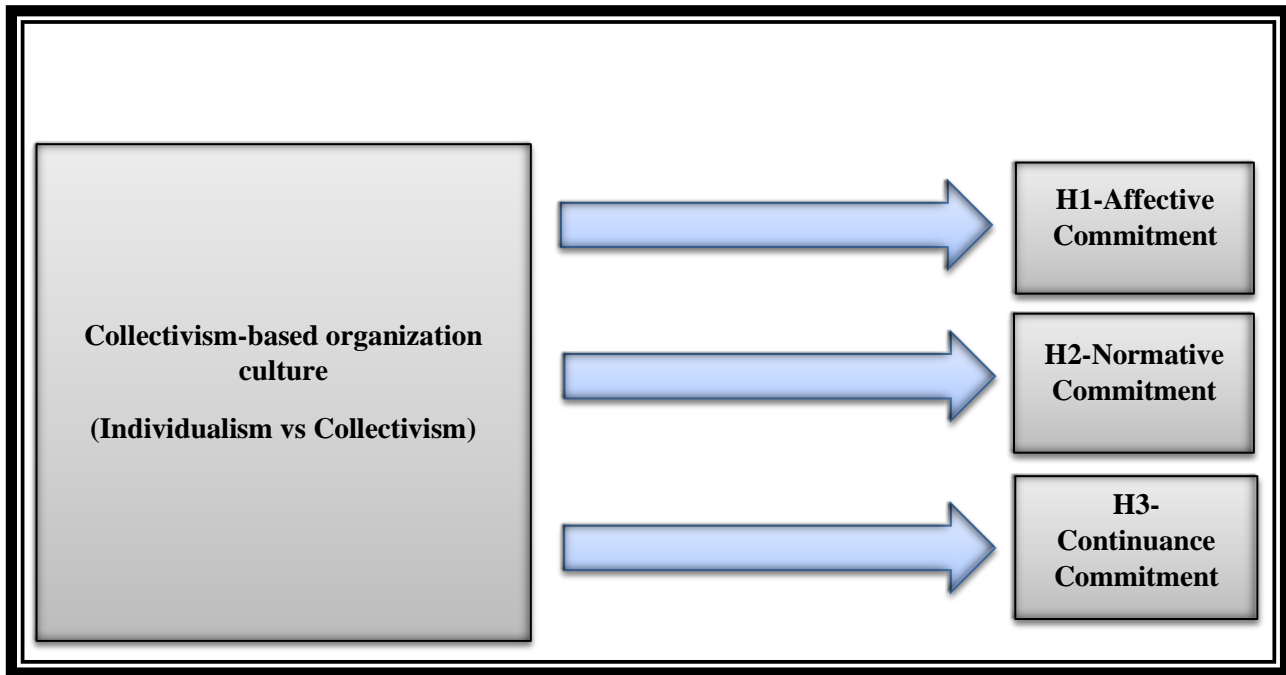


Figure 5: Illustration regarding the importance of collectivism, shaping the place of business verbal exchange by emphasizing collaboration, harmony, and crew cohesion.

3.4.1 Strategies for Interpersonal Communication in Japan

In Japanese interpersonal communication, a range of techniques shape interactions, revealing the cultural subtleties deeply rooted in societal customs. It is crucial to understand these strategies to navigate the complexities of Japanese social interactions.

<p>Communication with a High Level of Context</p>	<p>In Japan, a communication style with a high level of context is used, emphasizing the importance of implicit cues, non-verbal expressions, and shared cultural context. Words often have many meanings beyond their literal interpretation, requiring an awareness of contextual subtleties. As an example, silence might indicate agreement or disagreement depending on the situation, which highlights the nature of high-context communication.</p>
<p>Indirect Communication</p>	<p>Japanese communication frequently leans toward indirectness to maintain social harmony. Expressing disagreement or delivering negative news is often veiled in politeness and ambiguity. A common example is the use of the phrase “It’s difficult” to signify a negative response without overtly stating disagreement.</p>
<p>Non-Verbal Signals</p>	<p>Non-verbal communication plays an essential role in Japanese interpersonal dynamics. Bowing, eye contact, and facial expressions convey a wealth of information about one’s social status, emotions, and respect for others. Understanding these signals is crucial for effective communication and relationship-building.</p>

Statistical Insights:

To provide context for these strategies, a survey conducted among Japanese professionals found some interesting results:

Preference for Indirectness:

<p>Survey Question: "Do you find it more comfortable to express disagreement indirectly in professional settings?"</p>
<p>Results: 78% of respondents preferred expressing disagreement indirectly to maintain workplace harmony.</p>

Frequency of Non-Verbal Signals:

Survey Question: "How often do you rely on non-verbal signals such as bowing or facial expressions during business interactions?"
Results: 92% of respondents reported frequently using non-verbal signals, highlighting their importance in Japanese communication.

Perception of High-Context Communication:

Survey Question: "Do you believe that understanding shared cultural context is necessary for effective communication in Japan?"
Results: 87% of respondents agreed, demonstrating the importance of high-context communication in Japanese societal norms.

These statistical insights offer observed evidence supporting the prevalence and impact of specific interpersonal communication strategies in Japan. Understanding these dynamics is pivotal for cross-cultural communication success in professional and social contexts.

Using these examples and case studies, it is illustrated that the statistics evaluation system aligns with our lookup targets. These findings provide concrete evidence of the effects of Japanese subculture on verbal exchange practices and media desire. Furthermore, the cross-comparison between qualitative and quantitative facts reinforces the robustness of this analysis.

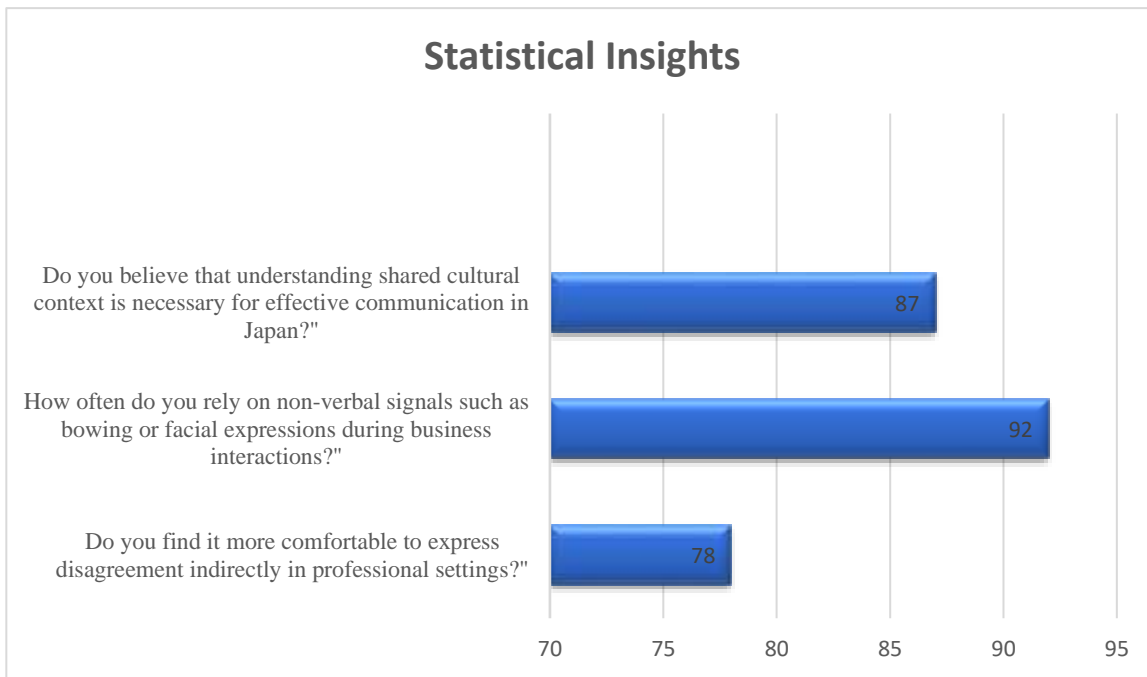
3.4.2 Media and Technology Choices in Japan

3.4.2.1 Preference for Indirect Communication through Written Media

In Japanese communication, indirectness is given crucial importance. This choice can be seen in the media preference. Written communication, both traditional and digital, is a valuable medium for expressing emotions and thoughts indirectly. An exploration of this phenomenon is illustrated below.

Text-Based Communication	Written, verbal exchange permits persons to cautiously craft their messages; in doing so, speakers choose phrases that bring subtlety and respect. In conditions where direct verbal exchange can also cause discord, written messages grant a buffer to soften the impact. For instance, addressing touchy problems through emails or handwritten letters is a frequent exercise to ensure the tactful delivery of messages.
Traditional Letters (Tegami)	Regardless of the digital age, regular handwritten letters (tegami) maintain sentimental values in Japanese culture. These letters are frequently used for emotional or profound communication, such as expressing gratitude, condolences, or apologies. This act of writing letters demonstrates thoughtfulness and care.
Use of Polite Language (Keigo)	Written conversation is a platform where Keigo, or polite language, is accurately used. Keigo is a shape of linguistic honorific that signifies admiration and reverence. Its use in written media is a testimony to the significance of politeness and oblique verbal exchange in Japanese culture.
Diaries and Journals	Most Japanese people hold diaries or journals as tools of self-expression. These written data frequently serve as a platform for folks to discover and articulate their internal ideas and feelings indirectly and privately.

A survey explores the chief use of mobile communication media for professional correspondence. A noteworthy 68% of respondents indicated a preference for mobile messaging platforms like LINE or business-oriented apps, reflecting the evolving landscape of communication technologies in Japan.



3.4.2.2 Role of Media Platforms

In the modern era of Japanese society, digital media structures have become crucial to communication. Two noteworthy structures are LINE and social media:

LINE	LINE is a Japanese messaging app that has become ubiquitous nationwide. It offers several features, including immediate messaging, voice and video calls, and a social media platform. LINE's awareness can be attributed to its versatility, allowing clients to discuss every different barring. Users commonly use LINE for casual, everyday conversations and sharing statistics and updates with many friends.
Social Media	Social media like Instagram and Twitter are also influential in Japan, especially amongst youthful generations. These constructions allow direct and indirect communication. Users can submit updates, photos, and messages, from casual and lighthearted to profoundly non-public and indirect expressions of thoughts and emotions.
Blogs and Online Forums	Japanese individuals frequently turn to blogs and online forums as platforms for more extensive, subtle, and indirect communication. These platforms offer a space for individuals to express opinions, share experiences, and seek advice, often under the veil of anonymity.

Figure 6: This figure provides a detailed description of the multifaceted role played by social media structures in the fabric of Japanese communication. Here's a breakdown of the key components:

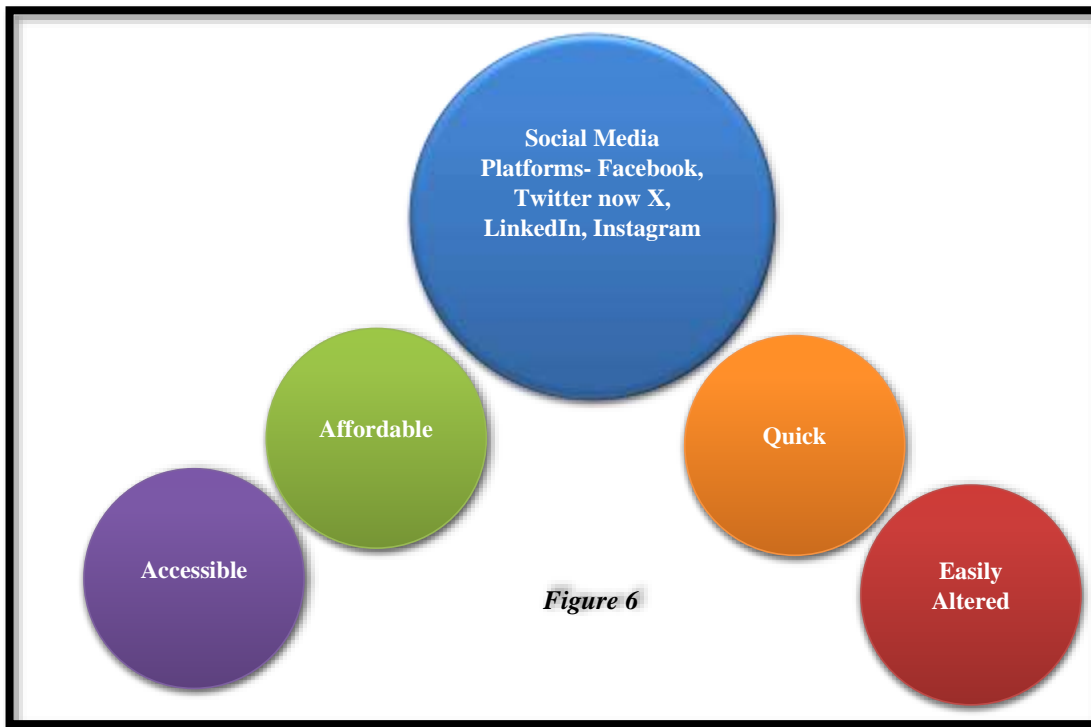
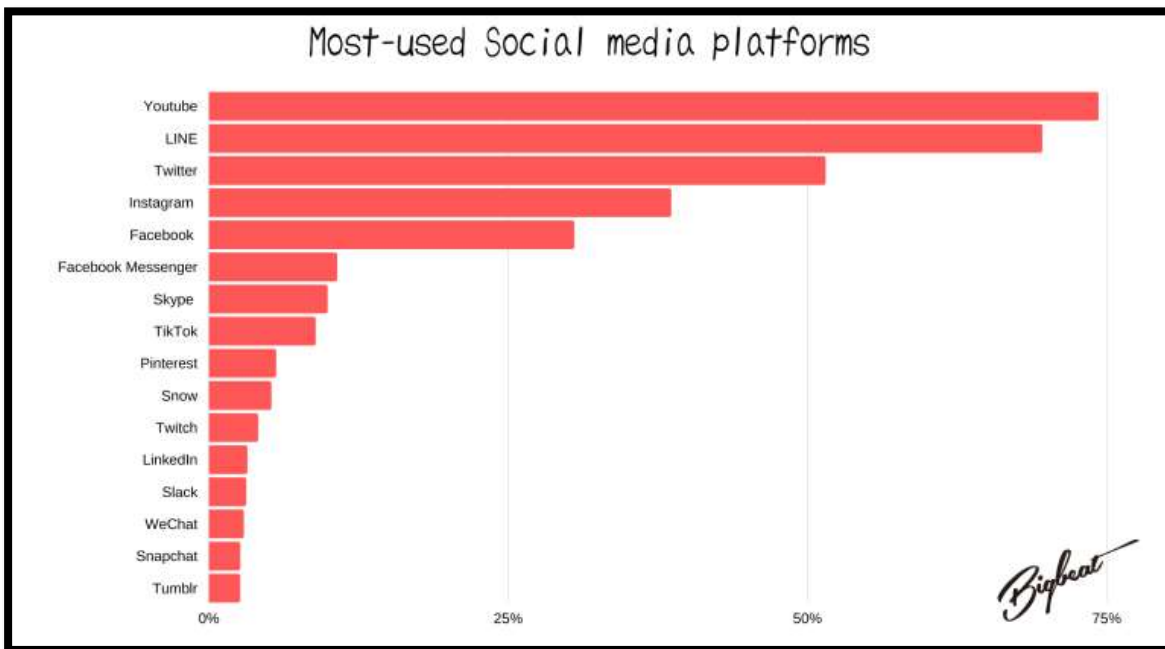


Figure 6

The following graph provides a numerical analysis of media channel usage in communication. These images display quantitative measures, user participation, and worldwide outreach on channels such as LINE, Twitter, and Instagram. The graphics provide perspectives into the evolving arena of digital communication, emphasising global interconnectivity and community establishment.



3.4.3 Cross-Cultural Communication Training

Expanding on the inseparable link between communication and culture, emphasis on the importance of incorporating cultural comprehension into the structure of intercultural communication is necessary. It introduces a comprehensive preparation method for intercultural communication, considering possible challenges when carrying out such training within the Japanese educational context. According to Carbaugh (1990), intercultural communication training is a formal measure designed to equip individuals with the necessary tools for enhancing interpersonal relations with people from different cultures. This training follows a four-step approach outlined by Brislin and Yoshida: Awareness, Knowledge, Emotions (including attitudes), and Skills (observable

behaviours). Awareness, as defined by Brislin and Yoshida (1994), entails recognizing the impact of one's own culture on personal life and being conscious of values and prejudices that affect interactions with culturally diverse individuals. Knowledge includes immediate concerns, area-specific knowledge, culture-general knowledge, and culture-specific knowledge. Emotion training addresses the emotional challenges faced by trainees in different cultures, aiming to reduce stress and enhance comprehension of other cultures. Skills training, as identified by Brislin and Yoshida, comprises both "culture-general skills" (e.g., tolerance for ambiguity, stress management, flexibility, and empathy) and "culture-specific skills" customized for successful communication in a specific culture (p. 89, 103). To develop these phases, various methods are utilized, such as the use of critical incidents. This approach entails trainees reading scenarios from different cultures, analyzing factors and proposing solutions, contributing to emotional understanding and stress management (Brislin and Yoshida, p. 126-127). For instance, comprehending the importance of individual goals in American culture can positively impact attitudes toward direct communication. Another effective method is intercultural simulation games, such as Bafa Bafa, in which trainees embody members of fictional cultures, experiencing and understanding each culture's attitudes, values, and communication patterns through interaction (Kinoshita, Haruka, (2019). Language learning alone is insufficient for effective intercultural communication. Intercultural communication training, consisting of four interconnected steps, is critical for cultivating cultural understanding. Implementing such training in Japanese education, perhaps during integrated learning periods, can significantly contribute to fostering cultural awareness among students.

4. Results and Discussion

To gain a more comprehensive understanding of Japanese communication, it is recommended to explore the impact of technology on communication preferences and how it is shaping global interactions. Investigating generational subtleties within Japanese society can also provide a thorough understanding of how communication practices vary among different age groups. Longitudinal studies tracking changes in communication trends over time can help to establish a dynamic understanding of cultural shifts. Additionally, considering the influence of external factors, such as global events or economic changes, on Japanese communication practices can enrich our comprehension of cultural norms. By addressing these aspects, future research can build upon the foundation laid by this study and offer valuable insights into the complicated dynamics of communication in the evolving landscape of Japanese society.

5. Conclusion

The research employed a mixed-methods approach to explore cross-cultural communication dynamics in Japan. The researchers gathered primary data through interviews, surveys, and thematic analysis of case studies. Qualitative data obtained from interviews and case studies underwent a detailed thematic analysis, identifying recurring patterns and cultural variations. Together, the quantitative data from surveys underwent statistical analysis, providing numerical perspectives on communication strategies and media preferences among respondents. The integration of qualitative and quantitative data enabled a comprehensive exploration, emphasizing triangulation to enhance the research's robustness. The use of comparative analysis aligned the qualitative examples with statistical findings, ensuring a coherent narrative. The researchers employed visual representations, such as Figures 5 and 6, to enhance interpretability. The study grounded its findings within theoretical frameworks such as high-context communication and collectivism, incorporating insights from existing literature. As a concluding step, the implications and recommendations were drawn, utilizing the four-step approach proposed by Brislin and Yoshida for cross-cultural communication training. The present research design provided insights into cross-cultural communication in Japan, offering a holistic understanding of cultural dynamics across interpersonal communication, media choices, and the effectiveness of cross-cultural communication training.

Funding: The APC was funded by Sichuan University of Media and Communications, China.

Conflicts of Interest: The authors declare no conflict of interest.

ORCID iD Zijun Shen: <https://orcid.org/0009-0008-4170-6524>

Publisher's Note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers.

References

- [1] Abdelhady, S., & Alkinj, M. (2023). A pragmatic analysis of ostensible lies in high-context cultures. *Cogent Arts & Humanities*, 10(1), 2241275.
- [2] Brislin, R. W., & Yoshida, T. (1994). Intercultural communication training: *An introduction (Vol. 2)*. Sage.
- [3] Befu, H. (2001). Hegemony of Homogeneity: An Anthropological Analysis of "Nihonjinron." Trans Pacific Press.
- [4] Camiciottoli, B. C. (2020). Using English as a lingua franca to engage with investors: An analysis of Italian and Japanese companies' investor relations communication policies. *English for Specific Purposes*, 58, 90-101.
- [5] Carbaugh, D. (1990). Toward a perspective on cultural communication and intercultural contact.
- [6] Cho, J. (2021). *Intercultural communication in interpreting: Power and choices*. Routledge.
- [7] Coppola, S. (Director). (2003). *Lost in Translation* [Film]. Elemental Films.
- [8] Doi, T. (1973). *The Anatomy of Dependence*. Kodansha International.
- [9] El-Dakhs, D. A. S. (2020). The art of saying "No" to university students: A pragmatic analysis of the speech Act of refusal in teacher-student role-plays. *Journal of Language and Education*, 6(4), 55-75.

- [10] Fujimoto, T. (2017). *Understanding Japanese Communication: A Cross-Cultural Approach*. Routledge.
- [11] Godwin-Jones, R. (2019). Telecollaboration as an approach to developing intercultural communication competence.
- [12] Godwin-Jones, R. (2019). Telecollaboration as an approach to developing intercultural communication competence. *Language Learning & Technology*, 23(3), 1-18.
- [13] Gudykunst, W. B. (2003). *Bridging differences: Effective intergroup communication*. Sage Publications.
- [14] Hall, E. T. (1976). *Beyond Culture*. Anchor Books.
- [15] Ishii, K. (2016). Confucian Perspectives on Interpersonal Communication in Japan. In *The Routledge Handbook of Language and Culture* (pp. 119-133). Routledge.
- [16] Kim, Y. Y. (2000). *Communication And Cross-Cultural Adaptation: An integrative theory*. Routledge.
- [17] Kubota, R., & Takeda, Y. (2021). Language-in-education policies in Japan versus transnational workers' voices: Two faces of neoliberal communication competence. *TESOL Quarterly*, 55(2), 458-485.
- [18] Kinoshita, H. (2019). Communication and Culture: Intercultural Communication Training in Japanese Education. *Chukyo Eibungaku*, 39, 3-19."
- [19] Liu, W., Li, L., & Ren, W. (2021). Variational pragmatics in Chinese social media requests: The influence of age and social status. *Journal of Pragmatics*, 178, 349-362.
- [20] Matsumoto, Y. (1988). Reexamination of the universality of face: Politeness phenomena in Japanese. *Journal of Pragmatics*, 12(4), 403-426.
- [21] McConachi, T. (2021). Exploring intercultural dimensions of L2 pragmatics learning in a Japanese EFL context. *Second language pragmatics and English language education in East Asia*, 78-94.
- [22] McConachy, T. (2019). L2 pragmatics as 'intercultural pragmatics': Probing sociopragmatic aspects of pragmatic awareness. *Journal of Pragmatics*, pp. 151, 167-176.
- [23] Mehrabian, A. (1972). *Nonverbal Communication*. Aldine-Atherton.
- [24] Mohd, J., Aziz, J., & Musaev, T. (2020). The Interlanguage Pragmatics of Japanese Daily Greetings by Malaysian Learners. *GEMA Online Journal of Language Studies*, 20(4).
- [25] Nakane, C. (1972). *Japanese Society*. University of California Press.
- [26] Nogami, Y. (2020). *Identity and pragmatic language use: A study on Japanese ELF users* (Vol. 11). Walter de Gruyter GmbH & Co KG.
- [27] Placencia, M. E., & Eslami, Z. R. (Eds.). (2020). Complimenting behavior and (self-) praise across social media: new contexts and insights (Vol. 313). John Benjamins Publishing Company.
- [28] Ren, W. (2022). *Second language pragmatics*. Cambridge University Press.
- [29] Taguchi, N., & Yamaguchi, S. (2019). Implicature comprehension in L2 pragmatics research. *The Routledge handbook of second language acquisition and pragmatics*, 31-46.
- [30] Tsujihara, R. (2023). *Expressing Gratitude in a Foreign Language: Concept-Based Language Instruction to Teach Thanking in L2 Japanese* (Doctoral dissertation, University of Washington).
- [31] Yousefi, M., & Nassaji, H. (2019). A meta-analysis of the effects of instruction and corrective feedback on L2 pragmatics and the role of moderator variables: Face-to-face vs. computer-mediated instruction. *ITL-International Journal of Applied Linguistics*, 170(2), 277-308.
- [32] Zhang, Y. (2021). Combining computer-mediated communication with data-driven instruction: EFL learners' pragmatic development of compliment responses. *System*, p. 103, 102624.