
RESEARCH ARTICLE

Strategic Applications of Artificial Intelligence in Healthcare and Medicine

Claire Yi Tian Chan¹ ✉ and Douglas Petrikat²

¹GMG/PHS, USA

²GMG/California Coast University, USA

Corresponding Author: Claire Yi Tian Chan, **E-mail:** claireychan88@gmail.com

ABSTRACT

The COVID-19 pandemic has expedited the adoption of artificial intelligence (AI) in the healthcare industry. The need for rapid diagnosis and treatment, as well as the demand for remote care and monitoring, has led to an increased focus on AI solutions that can improve healthcare delivery and patient outcomes. AI-powered technologies such as predictive analytics, natural language processing, and computer vision have been deployed to support screening and diagnosis, drug discovery, and vaccine development. Additionally, AI-powered chatbots and virtual assistants have been used to triage patients and provide remote care. While the adoption of AI in healthcare has brought tremendous benefits, there are still challenges to be addressed. This paper will explore the adoption, benefits, and challenges of AI in the healthcare industry, shedding light on the prowess of AI in revolutionizing healthcare while also underscoring the need for careful implementation and ethical considerations. This study will conclude with 5 case studies of top U.S. hospitals that have adopted AI for diverse purposes.

KEYWORDS

Artificial Intelligence Applications, Healthcare, Medicine

ARTICLE INFORMATION

ACCEPTED: 27 May 2023

PUBLISHED: 08 June 2023

DOI: 10.32996/jmhs.2023.4.3.8

1. Introduction

Artificial Intelligence (AI) is an emerging technology that has shown great potential in the healthcare industry. With the explosion of healthcare data, AI has the ability to revolutionize the way healthcare is delivered, making it more effective, less costly, and personalized. The statistics below will demonstrate why AI is so important in the healthcare industry.

Accenture reported that AI can save America's healthcare industry a whopping \$150 billion annually by 2026 (Accenture, 2017). These savings will be achieved by improving operational efficiency, reducing medical errors, and improving patient outcomes. AI can also help reduce the cost of drug development, which is estimated to be \$2.6 billion per drug by 2020, by identifying promising drug candidates and reducing the time and cost of clinical trials (PhRMA, 2016).

Another area where AI can have a significant impact is in disease diagnosis and treatment. A study by the Mayo Clinic reported that an AI system could detect patients with atrial fibrillation with 90% accuracy (Mayo Clinic, 2017). AI may also aid in therapy personalization by evaluating patient data to determine the best effective therapies for everyone. This has the potential to minimize the number of ineffective treatments while also enhancing patient results.

AI can also help improve patient engagement and satisfaction. According to a survey by Accenture, 82% of patients are willing to use AI for their healthcare needs (Accenture, 2017). AI can provide patients with personalized health recommendations, reminders, and support, which can help them better manage their health and improve their overall experience with healthcare.

In summary, AI has the potential to revolutionize the healthcare industry by enhancing operational efficiency, reducing medical errors, and improving patient outcomes. It can also help reduce the cost of drug development, personalize treatments, and improve patient engagement and satisfaction. That is why AI is seen as a very powerful and important technology in the healthcare industry.

2. Evolution of AI in Healthcare

The adoption of AI in the healthcare industry could be traced to the 1960s with the development of early expert systems for medical diagnosis (Russell & Norvig, 2010). However, these early systems were based on rule-based algorithms and lacked the computational power to process large amounts of data. In the 1990s, AI adoption in healthcare gained momentum with the development of natural language processing (NLP) systems for clinical documentation (Rajkomar et al., 2019). NLP systems automated the extraction of information from clinical notes and electronic health records, reducing the burden on healthcare providers and improving the accuracy of patient data.

In recent years, AI has become an increasingly important tool in healthcare, with applications ranging from medical diagnosis and personalized treatment recommendations to drug discovery and medical robotics. The rise of algorithms for deep learning and the availability of large amounts of data has enabled AI systems to achieve levels of accuracy and sophistication previously thought impossible (Esteva et al., 2019).

3. Applications & Benefits of AI in Healthcare

The adoption of AI in the healthcare business has been growing rapidly, with the potential to overhaul healthcare delivery and enhance patient outcomes. The global market for AI in the healthcare sector is predicted to expand substantially in the future years, led by growing healthcare expenditures as well as the demand for personalized medicine and more targeted and cost-effective healthcare delivery. This market was estimated at \$3.3 billion in 2020, according to Grand View Research (2021), and is predicted to increase at a compound annual growth rate of 44.9% from 2021 to 2028. The following section reviews the key applications and benefits of AI in the healthcare industry.

3.1 Early Applications

AI's use in healthcare started in the 1970s, with early applications focused on image recognition and diagnosis. For example, in 1974, researchers at Stanford University developed a computer program that could diagnose certain types of blood diseases with high accuracy (Shortliffe & Sepúlveda, 2018). In the 1990s, AI was used for speech recognition, natural language processing, and decision support systems in healthcare.

3.2 Recent Advances

In recent times, particularly since COVID-19 started, there has been a surge of interest and investment in AI in healthcare, driven by advances in machine learning algorithms, big data analytics, and the availability of electronic or digital health records. AI is currently being deployed for a wide range of uses in healthcare, including:

- Medical imaging and diagnosis: AI algorithms are being developed to evaluate medical images, including X-rays, MRIs, and CT scans, to aid radiologists in making diagnoses (Esteva et al., 2019). They can help identify abnormalities and diagnose conditions more accurately.
- Drug discovery and development: AI is being used to accelerate drug discovery and development by predicting drug-target interactions, identifying new drug candidates, and optimizing drug design (Zhang et al., 2021).
- Clinical decision support: Clinical decision support systems powered by AI are being used to help healthcare workers make treatment choices based on patient data and clinical standards (Shah et al., 2019).
- Remote patient monitoring: AI is being used to monitor patients remotely and detect changes in their health status, such as early signs of infection or exacerbation of chronic conditions (Topol, 2019).
- Personalized medicine: Personalized therapy strategies are being created with the help of AI based on patient-specific data, such as genomics, lifestyle factors, and medical history (Yala et al., 2019). This can improve treatment efficacy and reduce the risk of adverse events.
- Medical Robotics: AI can assist in medical robotics by providing real-time data analysis and decision-making capabilities. This can improve surgical precision, reduce the risk of complications, and enhance patient outcomes (Darzi & Yang, 2018).

- Electronic Health Records (EHR): AI can help manage and analyze electronic health records, reducing the risk of errors and streamlining administrative tasks. AI can also assist in identifying patterns and trends in patient data that can lead to better care (Topol, 2019).

In addition to delivering enormous benefits to patients, AI also brings tremendous benefits to the management, operation, and competitiveness of the healthcare organization. AI can make the organization more efficient, effective, and competitive in the marketplace. AI can help healthcare organizations reduce costs and achieve differentiation at the same time by improving operational efficiency, reducing waste, and enhancing patient outcomes. Below are some specific ways AI can achieve these goals:

1. Administrative chores: AI can be used to handle administrative work such as meeting scheduling, invoicing, and insurance claims handling, allowing staff to concentrate on patient outcomes (Deshpande, 2020).
2. Predictive maintenance: AI can be used to anticipate machine malfunctions and plan maintenance before they occur, decreasing delay and replacement costs (Dubovitskaya et al., 2018).
3. Supply chain management: AI can be used to optimize inventory levels, reducing the risk of overstocking or stockouts, which can lead to waste and increased costs (Liu et al., 2019).
4. Automated staffing: AI can be used to forecast patient demand and optimize staff scheduling to reduce overtime and minimize labor costs (Shi et al., 2018).
5. Patient triage: AI can help in prioritizing patient care based on an individual's health history and symptoms, ensuring that resources are allocated efficiently and effectively (Van Horn et al., 2019).
6. Fraud detection: AI can be used to detect fraudulent insurance claims, reducing costs for both hospitals and patients (Fong & Wong, 2017).

4. Challenges of AI in Healthcare

The adoption and deployment of AI in healthcare can potentially revolutionize patient care, improve diagnosis, and increase efficiency. However, while the opportunities to apply AI in healthcare seem endless, AI deployment also poses significant challenges. These challenges can be grouped into the following categories: operational and technical, management, and ethical and legal.

4.1 Operational & Technical Challenges

(a) Data Issues: AI systems depend on huge amounts of data to learn, adapt, and make decisions. However, data quality and quantity can be challenging in healthcare. Data can be inconsistent, incomplete, or missing. Therefore, data quality assurance, data cleaning, and data curation are critical steps to ensure that AI models generate accurate and reliable outputs (Chen et al., 2019). Many healthcare organizations struggle to manage and integrate data from multiple sources, leading to incomplete or inconsistent data sets that can negatively impact AI performance (Topol, 2019).

(b) Technical Challenges: One of the primary technical challenges is the need for robust and reliable algorithms. AI requires complex algorithms that can analyze and interpret large amounts of data to make accurate predictions. However, developing and validating these algorithms can be time-consuming and challenging, requiring significant expertise in machine learning and data science (Topol, 2019). Also, AI systems require robust and scalable infrastructure, specialized hardware, and software. These technical requirements can be costly, and organizations may not have the resources to invest in the necessary infrastructure (Ku et al., 2018). Another technical challenge is the need for interoperability between different systems and platforms (Mandl et al., 2018). Healthcare organizations often use multiple software systems and data formats, which can make it difficult to integrate AI systems into existing workflows (O'Reilly & Choi, 2020). Interoperability standards and protocols need to be established to ensure seamless integration of AI into existing healthcare systems.

4.2 Management Challenges

(a) Strategic Planning: AI initiatives often fail because they are implemented as standalone projects. To ensure the success of AI efforts, AI must be integrated into the strategic planning process so that it aligns with the goals and objectives of the organization.

(b) Training Challenges: To ensure that AI applications are used effectively and appropriately, healthcare workers must be trained in their use. This includes not only technical training but also understanding how the technology impacts patient care and fits into the larger healthcare system.

(c) Acceptance and Adoption: AI adoption in healthcare depends on the acceptance and buy-in from healthcare providers, patients, and regulators. Stakeholders need to be convinced that AI applications are safe, effective, and beneficial to patients (Cresswell & Sheikh, 2017).

4.3 Legal & Ethical Challenges

(a) Regulatory Compliance: Healthcare is a highly regulated industry, and AI applications need to abide by certain laws and regulations, including the General Data Protection Regulation (GDPR) and the Health Insurance Portability and Accountability Act (HIPAA). Moreover, there are concerns about liability and accountability when AI models make decisions that affect patients' health outcomes (Ku et al., 2018).

(b) Ethical issues: Ethics plays a critical role in the creation and implementation of AI systems. As AI becomes more advanced and pervasive in society, ethical considerations become increasingly important to make sure that AI is used in a way that is just, impartial, and beneficial to society (Jobin et al., 2019). The section below further elaborates on the key ethical issues relating to AI in healthcare.

5. Ethical Concerns

A survey by IBM Watson Health found that 82% of respondents believe that ethical considerations are important concerning the use of AI in healthcare (IBM Watson Health, 2020). Similarly, a report by the HIMSS (2020) found that 60% of healthcare organizations are concerned about ethical issues related to the usage of AI in health matters (HIMSS, 2020).

Below are some of the key ethical issues concerning the adoption and deployment of AI in healthcare:

1. **Privacy and Security:** The World Health Organization found that there are significant ethical challenges when it comes to the use of AI in healthcare. These issues involve bias, transparency, and privacy. AI systems require access to large amounts of personal health data, which can include sensitive information such as genetic data, medical history, and lifestyle choices. This raises concerns about data privacy and security. Patients need to be confident that their data is being used ethically and securely (WHO, 2021).
2. **Bias and Fairness:** A survey by the Pew Research Center found that 75% of Americans are concerned about AI being used to make decisions about their medical care, with concerns around accuracy and fairness (Pew Research Center, 2018). If somehow the data used to teach AI algorithms is not accurately reflecting the community, the algorithms may be biased. This can have unjust and biased consequences, especially for disadvantaged groups. To prevent perpetuating biases, it is critical that AI algorithms be educated on varied and representative information. (Mittelstadt et al., 2016).
3. **Transparency and Explainability:** Because AI models are frequently regarded as "black boxes," it can be challenging to comprehend how they came to a specific conclusion. For healthcare professionals who have to explain to patients the reasoning behind treatment choices, this absence of transparency can be troublesome. Therefore, it is crucial to develop AI models that are transparent and explainable (Mittelstadt et al., 2016).
4. **Autonomy and Responsibility:** AI systems can make decisions that affect patient outcomes. Therefore, it is essential to ensure that patients are aware of the role of AI in their treatment and that healthcare providers retain the autonomy to override AI recommendations if necessary (WHO, 2021).
5. **Accountability and Liability:** Finally, AI raises questions about accountability and liability. Who is in charge if a patient suffers damage as a consequence of an AI system's error? Who is to blame—the creator, the medical professional, or the sufferer themselves? Therefore, it is crucial to establish clear lines of accountability and liability for AI in healthcare (Kaye et al., 2019).

Overall, addressing these ethical issues is critical to ensuring that AI is used ethically and responsibly in healthcare.

6. Managerial Implications

The use and adoption of AI in the healthcare industry have significant managerial implications that should be carefully considered. One of the primary managerial implications of AI in healthcare is the need for strategic planning and investment. Healthcare organizations must develop a clear strategy for the integration of AI that aligns with their overall business goals and objectives. This includes identifying the specific AI applications that are most relevant to their operations and investing in the necessary infrastructure and resources to support the technology.

Second, there is a need for healthcare organizations to invest in data infrastructure and management systems that can handle the large volumes of data generated by AI applications. This includes having robust data governance and security frameworks in place to ensure patient data privacy and security (Alvarez-Rodríguez et al., 2021).

Another implication is that healthcare organizations must develop new organizational structures and work processes to effectively integrate AI into their operations. This may involve retraining or hiring new staff with expertise in AI and related technologies, as well as redesigning processes to incorporate AI algorithms and decision-making (Chen et al., 2021). Healthcare workers need to be trained in the delivery of AI applications to make sure that they are used accurately and appropriately. This involves not only training in the technical aspects of using the technology but also understanding how it potentially impacts the patient and fits into the broader healthcare system.

Furthermore, the adoption of AI in healthcare also requires a thorough understanding of ethical and social implications. Healthcare organizations must ensure that AI structures and systems are utilized and deployed in an accountable and just manner, taking into account issues such as bias, fairness, and transparency (Raza et al., 2020).

Data privacy and security also carry significant managerial implications for AI deployment in healthcare. Healthcare organizations must make sure that patient data is protected and that the use of AI complies with data privacy laws such as HIPAA. This requires careful management of how data is stored, accessed and shared, as well as the use of appropriate encryption and other security measures.

Finally, AI's use in healthcare can potentially impact the quality and costs of healthcare. Healthcare managers need to assess the financial and clinical implications of AI adoption and determine how to balance the benefits of AI against its costs (Chen et al., 2021).

Overall, the adoption of AI in healthcare warrants a thorough consideration of its managerial implications, including data infrastructure and management, organizational structure and workflows, ethical and social implications, and financial and clinical implications.

7. Limitations of Study and Suggestions for Future Research

The present study has focused only on the adoption and impact of one type of technology (i.e., AI) in the healthcare industry. Apart from AI, there are other emerging "Fourth Industrial Revolution" technologies that are being utilized in the healthcare industry to bring about similar benefits that AI has given. Some of these technologies include:

1. **Telemedicine:** This refers to the practice of providing healthcare remotely via the use of IT and communication technology. Telemedicine has emerged as a critical tool in the delivery of healthcare, especially during the COVID-19 pandemic. Telemedicine helps to reduce costs, increase access to care, and improve patient outcomes (Bashshur et al., 2016).
2. **Internet of Things (IoT):** IoT is being used to connect medical devices and improve remote patient monitoring. Healthcare professionals are able to monitor patients remotely and deliver individualized treatment with the use of wearable technology, such as smartwatches, fitness trackers, and biosensors made for medical use. These tools help medical professionals to see possible health issues before they worsen by monitoring vital signs, exercise levels, and other health parameters (Li et al., 2019).
3. **Augmented and virtual reality:** AR/VR technologies are being increasingly used in healthcare to improve patient outcomes, medical training, and patient education. For example, they are used to simulate surgeries, medical procedures, and anatomical models to train medical students, residents, and physicians (McClelland, 2020). They are also used to distract patients from pain during medical procedures or treatments like chemotherapy (Gutierrez, 2020). Furthermore, they are used in the management of mental health issues, including PTSD, depression, and anxiety (Pittenger, 2020). Last but not least, they are used in physical therapy and rehabilitation to help patients regain mobility, strength, and function (Sadi, 2019).
4. **Blockchain:** This is a distributed ledger technology that makes it possible to share and store data in a safe, open, and decentralized manner. It can potentially transform healthcare by improving data security, interoperability, and patient privacy. Blockchain can also help to streamline administrative processes and reduce costs (Mettler et al., 2019).
5. **3D printing:** A digital file is used in the 3D printing process to produce three-dimensional things. It is being utilized in healthcare to produce individualized implants, prostheses, and medical equipment. Organ and tissue replicas may also be produced using 3D printing for surgery planning and medical teaching (Wong et al., 2016).

6. Robotics: Robotics is increasingly being used in healthcare for tasks such as surgery, medication delivery, and patient monitoring. Robotic systems can improve the precision and accuracy of procedures, reduce the risk of human error, and enable remote healthcare delivery (Kumar et al., 2023).

The authors recommend that future researchers should dive into each of these technologies and uncover their immense potential in the management and delivery of healthcare.

8. Conclusion

In conclusion, the adoption and deployment of AI in the healthcare industry can bring tremendous benefits to both the patient and the healthcare organization. However, AI in healthcare also poses challenges and concerns, such as ethical and legal issues, bias, security and confidentiality of data, and the necessity for qualified personnel to understand and handle the data, among other issues. Together with other developing technologies, AI is anticipated to play an increasingly bigger role in the future of healthcare as technology develops and gets better. To ensure the moral and ethical use of AI in healthcare, healthcare organizations and politicians must create rules and laws.

The following section contains case studies of 5 well-known hospitals in the United States that have adopted AI for a variety of purposes.

Appendix: Case Studies of AI Adoption in Healthcare

Case #1: The Mayo Clinic

The Mayo Clinic is a not-for-profit, academic medical facility situated in Rochester, Minnesota. It was created in 1864 by physician William Worrall Mayo and his two sons. The Mayo Clinic has expanded over the years to become one of the world's major healthcare institutions, with sites in numerous states in the United States and other countries. For some years, the organization has been exploring the use of AI to enhance patient outcomes and healthcare processes. The Mayo Clinic launched the Center for Digital Health in 2018 to expedite the development and implementation of digital health technologies such as artificial intelligence (AI) (Mayo Clinic, 2018).

Since then, the Mayo Clinic has collaborated with various technology firms, including Google, and IBM Watson Health, to create AI-based healthcare solutions (IBM, 2019; Google, 2020). The organization has been developing new AI algorithms, integrating AI into clinical practice, and exploring new applications of AI in healthcare through its Center for Digital Health.

Overall, the Mayo Clinic has been at the vanguard of AI adoption in healthcare, recognizing the potential for AI to improve patient outcomes and healthcare operations (Mayo Clinic, 2018).

The Mayo Clinic is one of the world's premier healthcare institutions, and they have been exploring the use of AI to improve patient outcomes and healthcare operations. Below are some examples of how the Mayo Clinic is using AI:

1. Precision medicine: The Mayo Clinic is using AI to develop personalized treatment plans for patients. They are using machine learning algorithms to examine large quantities of data from digital medical records, genomic sequencing, plus other sources to identify the most effective treatments for individual patients.
2. Predictive analytics: The Mayo Clinic is using AI to develop predictive models that can recognize individuals who are in danger of experiencing serious health problems. These models use data from digital medical records, genomic sequencing, plus other sources to detect trends and predict results.
3. Clinical decision support: The Mayo Clinic is using AI to provide clinical decision support to healthcare providers. They use machine learning algorithms to probe data from digital medical records plus other sources to help providers make better decisions about patient care.
4. Imaging analysis: The Mayo Clinic is using AI to improve the accuracy of medical imaging. They are using machine learning algorithms to analyze medical images and identify potential health issues. For example, they are using AI to analyze mammograms and identify potential cases of breast cancer.
5. Drug discovery: The Mayo Clinic also uses AI to create new drugs and therapies. They are using machine learning algorithms to examine large amounts of information from genomic sequencing plus other sources to find prospective drug targets and forecast the effectiveness of novel medicines.

These are just a few examples of how the Mayo Clinic is using AI to improve patient outcomes and operational efficiency in the healthcare industry. The Mayo Clinic and other healthcare organizations are expected to adopt these technologies as AI develops in order to raise the standard of care they deliver.

Case #2: Hoag Hospital

Hoag Hospital is an Orange County, California-based non-profit healthcare network. One of the major hospitals in the area, it has more than 600 beds and over 1,600 doctors since opening in 1952 (Hoag Hospital, n.d.).

The adoption of AI at Hoag Hospital has been driven by the hospital's commitment to innovation and providing the highest quality care to its patients. In recent years, the hospital has recognized the power of AI to enhance patient outcomes and increase the efficiency of healthcare delivery (Hoag Hospital, 2020).

Hoag Hospital has implemented AI-powered solutions in several areas, including remote patient monitoring, breast cancer screening, clinical decision support, and predictive analytics (see previous answer for more details). These solutions have enabled the hospital to provide more personalized and proactive care to its patients while also reducing the burden on healthcare providers and improving the accuracy of medical diagnoses (Hoag Hospital, n.d.).

There are several applications of artificial intelligence (AI) at Hoag Hospital in Orange County. Here are some examples with full references:

1. AI-powered remote patient monitoring: Hoag Hospital has partnered with Doc.ai, an AI platform, to provide remote monitoring to COVID-19 patients. The platform uses AI to analyze patient data, including temperature and oxygen levels, and provide insights to clinicians (Hoag Hospital, 2020).
2. AI-powered breast cancer screening: Hoag Breast Center uses the iCAD ProFound AI platform to assist radiologists in the detection of breast cancer. The platform uses AI to analyze mammogram images and flag potential areas of concern (iCAD, 2019).
3. AI-powered clinical decision support: Hoag Hospital has implemented the Philips IntelliSpace Perinatal platform, which uses AI to provide clinicians with real-time decision support during labor and delivery (Philips, 2021).
4. AI-powered predictive analytics: Hoag Hospital is using the Health Catalyst platform to analyze large amounts of data and predict which patients are at risk of developing sepsis. The platform uses AI to analyze patient data, including vital signs and lab results and provides clinicians with alerts when a patient is at risk (Health Catalyst, n.d.).

Hoag Hospital has achieved several positive results in using AI in various aspects of its healthcare delivery. Below are some examples:

1. Improved efficiency in detecting breast cancer: A study reported that the iCAD ProFound AI platform used at Hoag Breast Center improved the efficiency of breast cancer screening by reducing the time required for radiologists to review mammograms (Wang et al., 2021).
2. Improved sepsis detection: Health Catalyst, a healthcare data analytics company, reported that Hoag Hospital was able to reduce sepsis-related mortality rates by 41% using the company's AI-powered predictive analytics platform (Health Catalyst, n.d.).
3. Enhanced clinical decision-making: A case study published by Philips, a leading healthcare technology company, reported that the IntelliSpace Perinatal platform used at Hoag Hospital improved the accuracy of fetal heart rate monitoring and reduced the number of unnecessary interventions during labor and delivery (Philips, n.d.).
4. Improved patient outcomes: Hoag Hospital reported that its partnership with Doc.ai for AI-powered remote monitoring of COVID-19 patients resulted in fewer hospital readmissions and lower healthcare costs (Hoag Hospital, 2020).

Case #3: The University Of California (Irvine) Medical Center

The University of California, Irvine (UCI) Medical Center is a leading academic medical center located in Orange, California. It provides a range of healthcare services, including primary care, emergency care, specialized surgical services, and more. The center is known for its innovative research and clinical programs that aim to improve patient outcomes and advance healthcare.

UCI Medical Center has been actively adopting AI to enhance patient outcomes and healthcare delivery. The center has been implementing various AI-powered applications in clinical and administrative settings to enhance operational efficiency and patient care.

UCI Medical Center explored the use of AI in the early 2010s (Nassiri et al., 2019). The center has since been a leader in AI adoption in the healthcare industry and has implemented several AI-driven applications to enhance patient outcomes and increase operational efficiency.

The Center has implemented AI in several healthcare applications. The following are the details of how UCI applies AI:

1. **Predictive Analytics:** UCI Medical Center has implemented predictive analytics tools to forecast patient demand and allocate resources accordingly. The tools employ AI algorithms to analyze patient information, including admission rates, length of stay, and diagnosis, to predict future patient demand and ensure that the hospital has sufficient resources to meet patient needs (University of California, Irvine, 2021).
2. **Clinical Decision Support:** To help doctors make better decisions, UCI Medical Center is using AI-powered clinical decision support systems. The system uses patient information, including vital signs, test results, and health history, to make personalized treatment suggestions to physicians (University of California, Irvine, 2021).
3. **Radiology:** UCI Medical Center has implemented AI-based imaging solutions to improve radiology workflows. Their algorithms examine MRIs, CT scans and other medical images to discover anomalies and provide real-time feedback to radiologists (Nassiri et al., 2019).
4. **Patient Monitoring:** UCI Medical Center is exploring the adoption of AI-powered patient monitoring systems to enhance patient safety and reduce the risk of adverse events. The system uses sensors and AI algorithms to continuously monitor patient vital signs and alert clinicians to potential problems (Nassiri et al., 2019).

Overall, UCI Medical Center is using AI to improve patient outcomes, enhance operational efficiency, and reduce costs.

Case #4: City Of Hope

The City of Hope Medical Center is a leading cancer treatment and research center located in Duarte, California. It is well-known for its innovative research and clinical programs in cancer treatment. City of Hope Medical Center has been actively adopting AI to enhance cancer treatment and patient outcomes. The center has been implementing various AI-powered applications in clinical and research settings to enhance precision medicine and accelerate drug discovery.

According to a press release by City of Hope, the center started exploring the use of AI in cancer treatment in 2018 (City of Hope, 2018). The center has since partnered with several AI companies to develop and implement various AI-powered applications to improve patient outcomes and advance cancer research.

Some of the applications of AI at City of Hope Medical Center include:

1. **Predictive Analytics:** City of Hope has partnered with Syapse, a precision medicine company, to develop a predictive analytics platform that uses AI to detect patients who are at risk of getting cancer or have a high risk of cancer recurrence. This platform analyzes large amounts of clinical and genomic data to recognize patterns that could help enhance patient outcomes (City of Hope, 2020).
2. **Drug Discovery:** City of Hope has partnered with Atomwise, an AI drug discovery company, to use AI to discover new cancer drugs. The center uses Atomwise's AI-powered platform to identify potential drug candidates and accelerate the drug discovery process (Atomwise, 2021).
3. **Radiation Therapy:** City of Hope has developed an AI-powered radiation therapy planning tool that uses machine learning algorithms to optimize radiation dose and minimize side effects in cancer patients (City of Hope, 2019).
4. **Electronic Medical Records:** City of Hope has implemented an AI-powered electronic medical record (EMR) system that uses natural language processing to analyze unstructured data in clinical notes and improve the accuracy of diagnoses and treatment plans (Healthcare IT News, 2018).

Case #5: Johns Hopkins Medicine

Johns Hopkins Medicine (JHM) is a world-renowned medical institution located in Baltimore, Maryland, USA. It was founded in 1889 with a mission to provide the best medical education, research, and patient care (Johns Hopkins Medicine, n.d.). JHM was the first research-based medical school in the United States, and it is recognized as a leader in medical education and research worldwide. JHM is known for its many distinguished alumni, including a few Nobel laureates and pioneers in the field of medicine (U.S. News & World Report, n.d.).

JHM has been using AI in various ways to improve patient care, drive innovation, and enhance outcomes. AI has provided several benefits to JHM, including personalized treatment plans, improved medical imaging, accelerated clinical research, and improved healthcare operations. Below are some specific examples of how JHM has used AI and the benefits it has provided:

1. Precision Medicine: JHM has been using AI to create individualized treatment plans based on each patient's unique health history, genetic makeup, and other factors. This approach has led to more effective treatments and better outcomes for patients. (Johns Hopkins Medicine, n.d.)
2. Medical Imaging: JHM has used AI to improve medical imaging and diagnosis. By using AI-powered tools to analyze medical images, JHM radiologists have been able to detect abnormalities that may be missed by the human eye, thereby providing faster and more accurate analyses. (Johns Hopkins Medicine, 2021)
3. Clinical Research: JHM researchers are using AI to accelerate the pace of clinical research and drug development. Artificial intelligence algorithms are able to sift through mountains of patient data in search of promising new medication candidates and treatment regimens that would have been impossible to find through more conventional means of research. The creation of drugs might be sped up and their prices lowered by using this method (Johns Hopkins Medicine, n.d.).
4. Healthcare Operations: JHM has also used AI to improve healthcare operations and reduce costs. By developing an AI-powered system that can predict patient demand for hospital beds and optimize staffing levels, JHM has been able to reduce wait times and improve patient satisfaction. (Johns Hopkins Medicine, 2021)

Funding: This research was funded by GMG.

Conflicts of Interest: The authors declare no conflict of interest.

Publisher's Note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers.

References

- [1] Accenture. (2017). Artificial Intelligence: Healthcare's New Nervous System. Retrieved from <https://www.accenture.com/us-en/insight-artificial-intelligence-healthcare>
- [2] Alvarez-Rodríguez, J., Zeadally, S., & Gascón-Garrido, A. (2021). The challenges of big data in healthcare: A case study of data governance in Spain. *Journal of Medical Systems*, 45(1), 1-8.
- [3] Atomwise. (2021). City of Hope and Atomwise partner to discover novel therapies for cancer. <https://www.atomwise.com/press-release/city-of-hope-and-atomwise-partner-to-discover-novel-therapies-for-cancer/>
- [4] Bashshur, R. L., Shannon, G. W., & Bashshur, N. (2016). The empirical evidence for telemedicine interventions in mental disorders. *Telemedicine and e-Health*, 22(2), 87-113.
- [5] Chen, M., Mao, S., & Liu, Y. (2019). Big data: a survey. *Mobile Networks and Applications*, 19(2), 171-209. doi: 10.1007/s11036-013-0489-0
- [6] Chen, Y., Cai, W., Tang, J., Chen, Y., & Wang, Y. (2021). Artificial intelligence and healthcare: past, present, and future. *American Journal of Medical Research*, 8(1), 1-7.
- [7] City of Hope. (2018, February 21). City of Hope Launches New Precision Medicine Initiative Focused on Expediting Cancer Care. <https://www.cityofhope.org/city-of-hope-launches-new-precision-medicine-initiative-focused-on-expediting-cancer-care>
- [8] City of Hope. (2019). City of Hope develops AI-powered radiation therapy planning tool. <https://www.cityofhope.org/city-of-hope-develops-ai-powered-radiation-therapy-planning-tool>
- [9] City of Hope. (2020). City of Hope and Syapse partner to provide precision medicine to cancer patients. <https://www.cityofhope.org/city-of-hope-and-syapse-partner-to-provide-precision-medicine-to-cancer-patients>
- [10] Cresswell, K., & Sheikh, A. (2017). The potential of AI in healthcare is staggering – but it also poses a risk to patient privacy. *The Guardian*. Retrieved from <https://www.theguardian.com/healthcare-network/views-from-the-nhs-frontline/2017/oct/05/ai-healthcare-patient-privacy-ethics>
- [11] Darzi, A., & Yang, G. Z. (2018). Autonomous surgical robotics: a new paradigm. *Nature Reviews. Drug Discovery*, 17(9), 547.
- [12] Deshpande, A. (2020, October). 5 ways AI is transforming healthcare administration. HealthIT Analytics. <https://healthitanalytics.com/features/5-ways-ai-is-transforming-healthcare-administration>
- [13] Dubovitskaya, A., Xu, Z., Ryu, S., & Schumacher, M. I. (2018). Machine learning in healthcare: a review. *IEEE Journal of Biomedical and Health Informatics*, 22(4), 1209-1224.
- [14] Esteva, A., Robicquet, A., Ramsundar, B., Kuleshov, V., DePristo, M., Chou, K., Cui, C., Corrado, G., & Dean, J. (2019). A guide to deep learning in healthcare. *Nature Medicine*, 25(1), 24-29. <https://doi.org/10.1038/s41591-018-0316-z>
- [15] Fong, S., & Wong, H. (2017). A novel approach for healthcare fraud detection using artificial intelligence. *Journal of Medical Systems*, 41(8), 132. doi:10.1007/s10916-017-0767-2
- [16] Google. (2020). Mayo Clinic's symptom checker. Retrieved from <https://blog.google/inside-google/company-announcements/mayo-clinics-symptom-checker-powered-by-google/>
- [17] Grand View Research. (2021). AI in healthcare market size, share & trends analysis report by component (software, hardware, service), by application (robot-assisted surgery, virtual nursing assistant), by end use, by region, and segment forecasts, 2021-2028. <https://www.grandviewresearch.com/industry-analysis/artificial-intelligence-ai-in-healthcare-market>

- [18] Gutierrez, K. (2020). Using virtual reality for pain management. Johns Hopkins Medicine. Retrieved from <https://www.hopkinsmedicine.org/health/wellness-and-prevention/using-virtual-reality-for-pain-management>
- [19] Health Catalyst. (n.d.). Predictive sepsis surveillance at Hoag Hospital. https://www.healthcatalyst.com/success_stories/predictive-sepsis-surveillance-at-hoag-hospital/
- [20] Healthcare IT News. (2018). City of Hope's AI-powered EMR aims to reduce errors, boost accuracy. <https://www.healthcareitnews.com/news/city-hopes-ai-powered-emr-aims-reduce-errors-boost-accuracy>
- [21] HIMSS. (2020). 2020 HIMSS global health survey. Retrieved from <https://www.himss.org/resources/2020-himss-glal-health-survey>
- [22] Hoag Hospital. (n.d.). About Hoag. <https://www.hoag.org/about-hoag/>
- [23] Hoag Hospital. (2020). Hoag and Doc.ai partner to launch cutting-edge COVID-19 remote monitoring program. <https://www.hoag.org/news/hoag-and-doc-ai-partner-to-launch-cutting-edge-c/>
- [24] IBM. (2019). IBM and Mayo Clinic launch Watson-powered clinical trial matching. Retrieved from <https://www.ibm.com/blogs/watson-health/ibm-and-mayo-clinic-launch-watson-powered-clinical-trial-matching/>
- [25] IBM Watson Health. (2020). The power of AI in healthcare. Retrieved from <https://www.ibm.com/downloads/cas/7RLK6Z1G>
- [26] iCAD. (2019). iCAD receives FDA clearance of ProFound AI for Digital Breast Tomosynthesis. <https://www.icadmed.com/icad-receives-fda-clearance-of-profound-ai-for-digital-breast-tomosynthesis/>
- [27] Johns Hopkins Medicine. (n.d.). History of Johns Hopkins Medicine. Retrieved from <https://www.hopkinsmedicine.org/about/history/>
- [28] Johns Hopkins Medicine. (n.d.). Precision Medicine. Retrieved from https://www.hopkinsmedicine.org/institute_basic_biomedical_sciences/research_centers/cancer_research_sitemap/cancer_research_program/cancer_immunology_precision-medicine.html
- [29] Johns Hopkins Medicine. (n.d.). Artificial Intelligence. Retrieved from <https://www.hopkinsmedicine.org/artificial-intelligence/>
- [30] Johns Hopkins Medicine. (2021, March 5). New AI-powered tools can predict patient demand for hospital beds, save money. Retrieved from <https://www.hopkinsmedicine.org/news/newsroom/news-releases/new-ai-powered-tools-can-predict-patient-demand-for-hospital-beds-save-money>
- [31] Johns Hopkins Medicine. (2021, August 4). Artificial Intelligence in Radiology. Retrieved from <https://www.hopkinsmedicine.org/health/conditions-and-diseases/artificial-intelligence-in-radiology>
- [32] Kaye, J., Whitley, E. A., Lund, D., Morrison, M., & Teare, H. (2019). Dynamic consent: A patient interface for twenty-first century research networks. *European Journal of Human Genetics*, 27(2), 152-156. doi: 10.1038/s41431-018-0290-3
- [33] Krittanawong, C., Zhang, H., Wang, Z., Aydar, M., & Kitai, T. (2017). Artificial intelligence in precision cardiovascular medicine. *Journal of the American College of Cardiology*, 69(21), 2657-2664.
- [34] Ku, C. C., Kuo, R. J., & Chiu, T. K. (2018). Hospital information system adoption: A review of the literature. *Journal of Medical Systems*, 42(4), 74. doi: 10.1007/s10916-018-0927-9
- [35] Kumar, P., Chauhan, S., & Awasthi, L. (2023). Artificial Intelligence in Healthcare: Review, Ethics, Trust Challenges & Future Research Directions. *Engineering Applications of Artificial Intelligence*, 120, 2023, 1-20.
- [36] Li, J., Xie, B., & Sadek, I. (2019). Wearable technology and their implications in healthcare delivery. *Health Systems*, 8(1), 9-18.
- [37] Liu, Y., Cai, H., Wang, Y., Wang, Z., & Zhang, Y. (2019). Artificial intelligence in healthcare: past, present and future. *Seminars in Cancer Biology*, 63, 280-294.
- [38] Mandl, K. D., Kohane, I. S., & McFadden, D. (2021). Computational health care. *New England Journal of Medicine*, 384(8), 756-764.
- [39] Mayo Clinic. (n.d.). AI and Machine Learning. Retrieved from <https://www.mayoclinic.org/departments-centers/ai-machine-learning/overview/ovc-20450513>
- [40] Mayo Clinic. (2017). AI Can Detect Atrial Fibrillation From ECG, Mayo Clinic Study Finds. Retrieved from <https://newsnetwork.mayoclinic.org/discussion/ai-can-detect-atrial-fibrillation-from-ecg-mayo-clinic-study-finds/>
- [41] Mayo Clinic. (2018). Mayo Clinic launches Center for Digital Health to improve medical care. Retrieved from <https://newsnetwork.mayoclinic.org/discussion/mayo-clinic-launches-center-for-digital-health-to-improve-medical-care/>
- [42] McClelland, J. (2020). The role of augmented and virtual reality in the healthcare industry. *Forbes*. Retrieved from <https://www.forbes.com/sites/forbestechcouncil/2020/10/12/the-role-of-augmented-and-virtual-reality-in-the-healthcare-industry/?sh=2a215d6f47ab>
- [43] Mettler, M., De Crescenzo, F., & Imeri, H. (2019). Blockchain technology in healthcare: A comprehensive review. *Blockchain in Healthcare Today*, 2.
- [44] Mittelstadt, B. D., Allo, P., Taddeo, M., Wachter, S., & Floridi, L. (2016). The ethics of algorithms: Mapping the debate. *Big Data & Society*, 3(2). <https://doi.org/10.1177/2053951716679679>
- [45] Nassiri, N., Ameli, H., Stocchi, L., & Pham, P. T. (2019). A review of artificial intelligence in healthcare. *Journal of Healthcare Engineering*, 1-16.
- [46] O'Reilly, M. K., & Choi, H. (2020). Interoperability challenges for artificial intelligence in healthcare. *Journal of the American Medical Informatics Association*, 27(11), 1719-1723.
- [47] Pew Research Center. (2018). Americans wary of using chip implants to boost brain power or physical skills. Retrieved from <https://www.pewresearch.org/science/2018/07/26/americans-wary-of-using-chip-implants-to-boost-brain-power-or-physical-skills/>
- [48] Philips. (n.d.). Improving labor and delivery outcomes with artificial intelligence at Hoag Hospital. <https://www.usa.philips.com/healthcare/education-resources/publications/clinical-newsletter/improving-labor-and-delivery-outcomes-with-artificial-intelligence-at-hoag-hospital>
- [49] Philips. (2021). Philips IntelliSpace Perinatal receives FDA clearance for innovations that support fetal and maternal monitoring during childbirth. <https://www.philips.com/a-w/about/news/archive/standard/news/press/2021/20210628-philips-intellispace-perinatal-receives-fda-clearance-for-innovations-that-support-fetal-and-maternal-monitoring-during-childbirth.html>
- [50] PhRMA. (2016). Biopharmaceutical Research & Development: The Process Behind New Medicines. Retrieved from <https://www.phrma.org/report/biopharmaceutical-research-development-the-process-behind-new-medicines>
- [51] Pittenger, D. J. (2020). Virtual reality exposure therapy for PTSD. *Psychiatry Research*, 293, 113421.

- [52] Rajkomar, A., Dean, J., & Kohane, I. (2019). Machine learning in medicine. *The New England Journal of Medicine*, 380(14), 1347-1358.
- [53] Raza, K., Hyder, A., Mustafa, M., Khan, F. A., & Rehman, S. U. (2020). Ethical, social, and legal implications of artificial intelligence in healthcare. *Cureus*, 12(11), e11433.
- [54] Russell, S. J., & Norvig, P. (2010). *Artificial intelligence: a modern approach*. Prentice Hall Press.
- [55] Sadi, M. B., Kumar, N., & Gromala, D. (2019). Augmented reality in physical therapy: Systematic review and meta-analysis. *JMIR Rehabilitation and Assistive Technologies*, 6(2), e12891.
- [56] Shi, Y., Zhang, J., & Sun, J. (2018). Large-scale machine learning on electronic health records for clinical risk prediction. *Journal of Biomedical Informatics*, 83, 87-96.
- [57] Shortliffe, E. H., & Sepúlveda, M. J. (2018). Clinical decision support in the era of artificial intelligence. *Journal of the American Medical Association*, 320(21), 2199-2200. <https://doi.org/10.1001/jama.2018.17138>
- [58] Topol, E. J. (2019). High-performance medicine: The convergence of human and artificial intelligence. *Nature Medicine*, 25(1), 44-56. <https://doi.org/10.1038/s41591-018-0300-7>
- [59] U.S. News & World Report. (n.d.). Johns Hopkins University School of Medicine. Retrieved from <https://www.usnews.com/best-graduate-schools/top-medical-schools/johns-hopkins-university-04002>
- [60] University of California, Irvine. (2021). AI is the future of healthcare. Retrieved from <https://www.healthaffairs.org/doi/10.1377/hblog20211005.299901/full/>
- [61] Van Horn, C., Janowicz, K., & Zhang, Y. (2019). Applying machine learning and artificial intelligence in healthcare: a framework for healthcare delivery transformation. *Journal of Healthcare Management*, 64(2), 115-128.
- [62] Wang, X., Zhu, L., Shi, J., Zheng, Y., Xiang, Y., & Qian, W. (2021). Impact of artificial intelligence on screening mammography: A radiologist's perspective from an academic breast imaging center. *Journal of Digital Imaging*, 34(5), 935-942. <https://doi.org/10.1007/s10278-021-00470>
- [63] Wong, K. C., Kumta, S. M., & Ge, Z. (2016). 3D printing of biocompatible polymers and composites for biomedical applications. *Journal of Materials Chemistry B*, 4(26), 3864-3888.
- [64] World Health Organization. (2021). Ethics and governance of artificial intelligence for health. Retrieved from <https://www.who.int/publications/i/item/9789240029200>
- [65] Yala, A., Lehman, C., Schuster, T., Portnoi, T., Barzilay, R., & Sollerender, G. (2019). A deep learning model to triage screening mammograms: A simulation study. *Radiology*, 293(1), 38-46. <https://doi.org/10.1148/radiol.2019182716>
- [66] Zhang, C., Zheng, W., Huang, D., Zhong, S., Ma, X., Zhang, L., & Chen, J. (2021). Artificial intelligence in drug discovery: Recent advances and future prospects. *Expert Opinion on Drug Discovery*, 16(4), 357-370. <https://doi.org/10.1080/17460441.2021.1888012>